

SOUL WORK FOR COUPLES

Longing of the Soul

An in-depth couple's workshop (non-residential)

with Marcos Frangos & Monique Koel

Friday 5 June 17:00 – 21:30, and Saturday 6 June 10:00 – 18:00

In relationship, we often feel a deep longing for closeness while also needing space to remain connected to ourselves. At the same time, disappointment can arise when unspoken needs and expectations are not met. What remains unfulfilled may begin to create tension, and instead of turning toward one another, couples can withdraw, protect themselves, or lose the flow of connection. In this workshop, we explore the deeper layers beneath these dynamics. How do your family systems shape the bond between you? How do the masculine and feminine principles, including animus and anima, live and move within your relationship? What draws you together, and what pulls you apart? We also work with the archetypal forces of Eros, the movement toward love, life, and connection, and Thanatos, the movement toward withdrawal, separation, and ending, as gateways to greater balance, depth, and vitality in your relationship.



Discover the deeper longings of your souls, connect,
understand one another, and give love the space to grow

We work with recognisable relationship themes that often show up in everyday situations.

Topics include:

- Relationship dynamics and patterns
- Unconscious projections onto the other
- Recognising your own longing and sense of lack
- Touching each other's vulnerable places
- The influence of the family system
- Feminine and masculine energies
- The dynamic between Eros and Thanatos
- Each couple has the opportunity to do a constellation

For who?

For couples who already have some awareness of their relationship and are open to going deeper.

This workshop is intended for partners who:

- are curious about the deeper layers of their relationship
- are willing to face their own patterns
- want to strengthen and deepen their relationship

This is an experiential workshop in which insight and awareness are central.

Approach

- Small group: maximum of 4 couples
- Guided by two facilitators
- Working both individually and in the group
- Languages spoken: English and Dutch

Costs

€650 per couple, including coffee, tea, and lunch.

Location: Papelaan 85EE, 2252EG Voorschoten

Facilitators

Marcos Frangos, Holistic counsellor & family constellations

Monique Koel, Psychosocial, Grief & Relationship Therapist



In love, we discover
our deepest longings,
see our patterns and
wounds, and learn to
embrace connection,
growth, and vitality
together

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